



san antonio sports
**CORPORATE
CUP 2020**

PRESENTED BY



SATURDAY, OCTOBER 10

NEISD
BLOSSOM ATHLETIC CENTER

TEAM PARTICIPATION PACKET

CHAMPION SPONSORS



EVENT SPONSORS



Dear Team Captain:

Welcome to the 2020 San Antonio Sports Corporate Cup, presented by OrthoNow. As San Antonio's premier health and wellness event, the Corporate Cup continues to be an employee favorite by combining friendly competition, team camaraderie, wellness, athletic skills and charitable giving to produce a Corporate Cup champion in each of our four divisions. Get ready as we look forward to celebrating the event's ninth year.

As your company's team captain, your primary responsibility is to recruit company employees and complete the required online team participation form. San Antonio Sports will assist you throughout this process and there will be a team captain meeting to help you with your duties during packet pick-up.

Another important responsibility will be the coordination of your company's charitable giving efforts. In addition to competition points earned on event day, the Charity Challenge will produce points in your quest for the cup. Included in this packet is the information needed to get you started.

General & Charity Information: This section includes basic information about the Corporate Cup, and detailed information about the Charity Challenge. Please note the competition details as it defines who may represent your company, and mark your calendar for Friday, September 18 as the deadline for submitting your team entry form unless the event sells out sooner.

Event Schedule: The major intent of this event is to encourage company participation, so the schedule may not be conducive to team members entering multiple competitions. This can be a challenge with smaller companies, which may have to be selective on competitions entered. However, we have scheduled most of the skills events in an open timeframe to allow for as much flexibility as possible. Keep in mind, Division 5 companies can team up with other smaller organizations as long as the combined number of employees remains under 100.

Competition Information: Specific details on team entries per competition, the format, point system and competition location are included in this section. Further rules will be provided to you regarding the Dodgeball and 3v3 Basketball tournaments.

Team Entry Form: This form will act as a guide for your individual entries for each of the 15 competitive events and 2K Wellness Walk. Team Captains are responsible for online registration of team participants through our website. Online registration will open in August with training at the Team Captain meeting. Upon final online participant registration, you will receive bib numbers for all of your 5k and 2k participants. These numbers will then be used to check in your 5k and 2k participants as well as scoring so it is important that they be worn for these events.

While this packet will get you started, there will be much more information to come, including specific details about parking at Blossom or shuttling from an offsite location. Your employees will also be able to set up a tent in the athlete village, and enjoy food and beverage concessions and entertainment throughout the day. Once again, we welcome you to the 2020 San Antonio Sports Corporate Cup, presented by OrthoNow, and wish you and your employees all the best in earning bragging rights as the champion of your division.

Yours in Sport,



Russ Bookbinder
President & CEO



HEALTHY KIDS • PLACES TO PLAY • EVENTS THAT IMPACT

General Information

CONTACT

Feel free to contact event manager David Castro any time throughout the process at 210.820.2195 or dcastro@sanantoniosports.org if you have any questions about registration or the competition.

KEY DATES

Tuesday, January 1	Charity Challenge begins	Various locations
Tuesday, August 11 - 3:30 p.m.	Team Captain meeting	Alamodome Mtg. Rooms K & L*
Friday, September 18	Charity Challenge concludes	Various locations
Friday, September 18 - 5 p.m.	Company registration deadline	San Antonio Sports office
Wednesday, September 23 - 5 p.m.	Online participant registration due	SanAntonioSports.org
Friday, October 2 - 5-7 p.m.	Team packet pick-up	Mission Concepción Sports Complex
Friday, October 2- 6-9 p.m.	3v3 Basketball early rounds	Mission Concepción Sports Complex
Saturday, October 10 = 12 p.m.	Corporate Cup Competition	Blossom Athletic Center
* Location Subject to Change		

FIELDING YOUR TEAM

Each company team will compete within one of five divisions based upon that company's total number of San Antonio-based full-time and part-time employees.

Division 1: 2,500 or more employees

Division 3: 300-899 employees

Division 5: Up to 99 employees

Division 2: 900-2,499 employees

Division 4: 100-299 employees

All team members must be at least 18 years of age and a full-time or part-time employee of the company, and people may compete for only one company.* Team members may participate in more than one event, but competitions will not be delayed waiting for participants.

Teams are subject to forfeiture of an event and a 25-point deduction from their total score if they enter a person who is not on the official entry form or does not meet the employee eligibility rules. In the event of a participant challenge, both the employee and a company official must be prepared to confirm identification. Since it's impossible to confirm the eligibility of over 5,000 participants, we are relying on our team captains and the honor system to ensure that everyone is competing fairly!

There are a total of 86 competitive slots for your team. Division 1, 2 and 3 companies are encouraged to fill their slots with as many participants as possible to avoid scheduling conflicts and to encourage participation. Competitions will not be delayed for participants coming from other events.

Division 5 teams will need to be a little more creative. The smaller companies may not have enough employees to compete in each event, so knowing the talents and skills of your team and entering events in which you have the best chance of scoring is important.

**Division 5 companies may also join forces with another small company to compete together. Combined, the total number of employees must still be 99 or fewer.*

HOW TO WIN

There are 15 events to choose from, and points are awarded for results in each event that will accumulate to produce a cup winner in each of the five company divisions. The five skill events produce points through accuracy, while the eight competitive events and tournaments will pit company teams directly against each other. The 2K Walk provides the opportunity for any of the company's less competitive employees to produce points, and for friends and family to join them in the spirit of wellness. In addition, for the first time ever, we will have a mystery event in which teams will have another opportunity to score more points.

COMPETITION SLOTS

Skill Events:

4 - NuStar Energy Golf Chipping
2 - Taco Cabana Cornhole
4 - CPS Energy Soccer Kicks
4 - Citi Football Throw
2 - The Capital Group Kan Jam

Competitive Events:

8 - KCI 5K Run
4 - VisionWorks 4x50M Swim Relay
4 - Rackspace Sack Race Relay
4 - Alpha Warrior Fitness Challenge

Tournaments:

5 - UHS 3 v 3 Basketball
8 - FirstMark CU Dodgeball
8 - Security Service Federal Credit Union Tug of War
2 - Gonzaba Pickleball

Wellness Event:

25 - 2K Walk

Mystery Event:

2 - D1 Training Mystery Event

86 - Total Competitive Slots

CHARITY CHALLENGE POINTS

Six San Antonio charities will be the beneficiaries of donations accumulated from participating teams, with points being awarded toward the cup. Haven for Hope, South Texas Blood & Tissue Center, University Health System Blood Donor Services, the San Antonio Food Bank, Boys and Girls Club of San Antonio and San Antonio Sports will all be accepting and recording donations from January 1 through September 18, 2020. Each charity will rank the participating teams, within their respective divisions, in order of their donated amounts, after which San Antonio Sports will award points toward competition. Charity Challenge points will be tallied and available before event day.

Please make sure you specify Corporate Cup when setting up your drive so that the charities have an accurate count.

VOLUNTEER POINTS

Division 1, 2 and 3 teams can once again earn points when their employees register and complete a volunteer shift either during setup the morning of the event or during the event on October 10. Every company can earn an additional 20 points per volunteer up to five volunteers for completing a shift that helps us pull off this an event of this size. Register at volunteer.sanantoniosports.org.

Event Day – Athlete Services

ATHLETE VILLAGE PRIORITY PROGRAM

In the Corporate Cup Athlete Village your team can sit back and relax or break out in a flash mob, grab a taco or burger from the pit and relive your jaw dropping performances with coworkers. Our athlete village priority program will allow companies who purchased either a zone 1 or zone 2 tailgating space to have an option of prime locations at Classic's Elite or Blossom Soccer parking.

Due to the relocation of the event, modifications will be made to the Athlete Village Priority Program and will be announced as details are finalized.

There will still be a zone designated for “free” tailgating if upgrading doesn’t fit into your budget this year. Pricing, registration and a priority zone map will be available on the event website.

Electricity will not be provided at tents and generators are allowed. Teams may bring in ice chests and coolers with drinks (non-alcoholic in the Blossom parking lot) and refreshments to supplement concessions and the beer garden provided in the Classics Elite Athlete Village.

REMINDER THAT THERE IS NO ALCOHOL ALLOWED ON THE PREMISES AT THE BLOSSOM ATHLETIC CENTER. ALL ADULT BEVERAGES MUST REMAIN AND BE CONSUMED AT CLASSIC'S ELITE.

VALERO TEAM TAILGATE CONTEST



As always, in the spirit of fun and camaraderie, we encourage teams to show off their company pride and decorate their area as they see fit. Back by popular demand, teams will be judged by division and first place finishers will be recognized as the winner in the Valero Team Tailgate Contest. Décor, themes and overall spirit will be a part of the contest criteria.

GLAZER'S BEER GARDEN



What would Corporate Cup be without FREE beer! Glazer’s will be supplying the liquid carbohydrates for participants and spectators in the Classics Elite Athlete village. Those of age will enjoy a wide variety of free beer served by our TABC trained staff and volunteers. Please remind your employees that ID’s are required to receive a wristband and to always drink responsibly.

VIA PARK & RIDE



Have you had trouble finding a parking place in past years? We realize there still may not be enough parking to go around at Blossom are working to partner again with VIA to provide a park and ride service throughout the event.

RBFCU T-SHIRT CONTEST



Don't forget your uniform! Your team may not always have the fastest legs, the most accurate toss or the best shot, but you could still be a winner when you enter the RBFCU T-shirt Contest. Design a t-shirt for your team to wear at the competition and let the creativity flow. Prizes and a trophy, courtesy of RBFCU, will be presented to each division winner.

OFFICIAL T-SHIRT PROVIDER: ALAMO TEES

Order your team t-shirts from our official provider, Alamo Tees, for great pricing and free artwork. Call 210-699-3800 or email sales@alamotees.com for more information.



UNIVERSITY HEALTH SYSTEM KIDS ZONE



For all the parents who want to come play with us but will have kids in tow, the UHS Kids Zone will be available to participants. Games and activities will be offered for kids, ages 4 - 14, on the soccer fields adjacent to the Athlete Village. Mini Corporate Cup games will include soccer kicks, sack races, hula hoops, bean bag toss, and much more! Tents and water will be provided. Staff and volunteers will be onsite to secure signed parental waivers at the entrance and to help with child pick-up. The best part of the UHS Kids Zone – it's fenced in and contained!

ORTHONOW MEDICAL SERVICES



To support competing athletes, the 2020 Corporate Cup will have trained medical professionals on site. A medical tent will be staffed with OrthoNow Injury Clinic staff, including doctors, nurses, emergency medical technicians, and certified trainers familiar with athletic and active lifestyle injuries or emergency situations. In addition to the medical tent, 2020 Corporate Cup athletes will be supported with five additional OrthoNow Injury Clinics strategically located within the competitive arena.

UNIVERSITY HEALTH SYSTEM AMBULANCE



A UHS ambulance will be on site, just in case.

CONCESSIONS



If your team's idea of tailgating is a couple bags of chips and warm diet soda, don't worry. Concessions from Taco Cabana will be available for purchase on game day. More vendors will be announced soon!

BIOBRIDGE GLOBAL BBQ CONTEST



Is there a pit master in your group? You could be a winner when you enter the 2020 San Antonio Sports Corporate Cup BBQ Cook-Off Contest presented by BioBridge Global. Visit the Corporate Cup website to view how to enter, rules, and prizes.

Charity Challenge



Six San Antonio charities will be the beneficiaries of donations by participating company teams. Haven for Hope, San Antonio Food Bank, South Texas Blood & Tissue Center, Boys & Girls Clubs of San Antonio, University Health System Blood Donor Services and San Antonio Sports will all be accepting and recording donations from January 1 through September 18, 2020.

Donations must be made directly to each charity, not through any partner agencies or through any third-party donations, i.e. The Big Give. Only employee donations will count. **Up to two times an employee's donation through a company match will count, but company grants cannot be converted to Corporate Cup points.**

There are two blood donation charities. Cumulative points will be awarded for blood donations based on the total number of donors.

Each charity will rank the participating teams, within their respective divisions, in order of their donated amounts, after which San Antonio Sports will award points towards the overall Corporate Cup competition. Please make sure you specify Corporate Cup when setting up your drive so the charities have an accurate count.

POINTS

Organization	1st	2nd	3rd	Participation
San Antonio Sports	40	30	20	5
Blood donation	25	20	15	5
Food Bank	20	15	10	5
Boys & Girls Club	20	15	10	5
Haven for Hope	20	15	10	5

BONUS POINTS

Donate to three charities = 15 bonus points

Ddonate to four charities = 20 bonus points

Donate to 5 charities = 30 bonus points.

Give often, give generously and in the end, everyone will win! The Charity Challenge staff liaison is Carolyn Wheat. Contact her at 210.820.2119 or cwheat@sanantonioports.org with any questions.

SAN ANTONIO SPORTS

San Antonio Sports works every day to transform our community through the power of sport. When you donate to San Antonio Sports through the Corporate Cup, you'll be supporting programs that transform the health and well-being of children and their families, most of whom live in underserved communities. These include the 1,400 kids who participate in *i play! afterschool*, the organization's signature youth program, and San Antonio Sports Fit Family Challenge, a free 12-week summer program that helps fight diabetes and obesity and offers free health assessments. You'll also be helping San Antonio Sports transform our community by creating school parks, which enhance elementary and middle school property with amenities to be enjoyed by students during the school day and the community for exercise and recreation after school hours. You'll also support our efforts to attract premier sporting events, which deliver transformative economic impact.

To donate, click on the link under San Antonio Sports on the Corporate Cup Charity Challenge site.

HAVEN FOR HOPE

The Haven for Hope mission is to offer a place of hope and new beginnings. We do this by providing, coordinating and delivering an efficient system of care for people experiencing homelessness in San Antonio. Far beyond just providing a safe place to sleep each night, Haven for Hope is a 22 acre "one stop" campus with more than 300 comprehensive services in a central location. Services include but are not limited to: transitional housing, permanent supportive housing programs, employment readiness, financial literacy and mental health services.

Haven for Hope's services reach far beyond those of a standard homeless shelter. Providing food, clothing, and shelter is only a fraction of what can be done to help those experiencing homelessness. While these basic necessities play a large role in providing immediate relief, they are not long-term solutions. Therefore, in order to address the individual needs of people experiencing homelessness, Haven collaborates with 140 partner organizations. Our goal is to provide individuals with the tools necessary to move towards self-sufficiency and independent living in permanent housing.

To register your donation drive with us, please complete the Donation Drive Registration Form and return it to the contacts below. Please indicate the drive is for Corporate Cup.

For Charity Challenge points, we are accepting the following new items in all sizes for men, women and children:

- Deodorant – 1 point each
- Cotton sports/regular bras – 5 points each
- Pairs of underwear – 3 points each
- Monetary donations: \$1 = 1 point

**Donations must be counted and accompanied by a donation form when delivered to Haven for Hope.*

**Please contact us to create a unique fundraising webpage for your company to track monetary donations.*

*For questions or further assistance, contact **DJ Jackson** at dj.jackson@havenforhope.org or 210-220-2132, or **Volunteer Services** at volunteer@havenforhope.org or 210-220-2549.*

SAN ANTONIO FOOD BANK

The mission of the San Antonio Food Bank is to fight hunger in Southwest Texas through food distribution, programs, education and advocacy.

The San Antonio Food Bank will collect and distribute 57 million pounds of food this year. Each week, the Food Bank serves 58,000 individuals throughout 16 counties in Southwest Texas. The Food Bank distributes food through a network of 530 partner agencies as well as special distribution programs including programs focusing on children and the elderly. As the San Antonio Food Bank can turn one dollar into ten pounds of food, monetary donations are a great way to make a significant difference in our community.

Please register your Food & Fund Drive and specify San Antonio Sports Corporate Cup. You can find information and the registration form at bit.ly/316jHex. All food and funds collected will support the Food Bank's summer campaign to end childhood hunger (Million Summer Meals for Kids).

Collecting Food

Printing paper boxes work really well for Food and Fund Drives. You can go to local copy/print shops and ask for the boxes. They are sturdy and still manageable when filled with food, plus you can have fun and decorate them.

The San Antonio Food Bank may be able to provide barrels for food collection as well. Please limit barrel requests to those drives that will collect more than 250 pounds of food. This helps keep our transportation costs down. Additionally, delivering collected donations also helps us keep costs low PLUS you can get a tour of the SAFB when you schedule your drop off and get a chance to see your donation in action! But do not forget to mention that this drive is for Corporate Cup and leave your name, company, and phone number so we can credit you appropriately.

Want to engage that employee who forgot their food at home? Consider hosting a Virtual Food & Fund Drive in addition to your ongoing food collection. For every \$1 donated, the San Antonio Food Bank can provide 10 pounds of food to families in need. More details are available online at the link provided above.

***Collection restrictions**

You will receive credit only for the items collected through an employee driven Food & Fund Drive during the designated dates which are January 1 – May 8. You must specify on your registration form that this food & fund drive is intended for your Corporate Cup 2020 contribution. Donations must be weighed/counter and accompanied by a donation form when dropped off to the San Antonio Food Bank, or picked up by SAFB trucks.

Contact:

Please register your Food & Fund Drive with the San Antonio Food Bank and specify San Antonio Sports Corporate Cup. Contact **Sophia Rangel** at srangel@safodbank.org or 210-431-8310.

SOUTH TEXAS BLOOD & TISSUE CENTER

STBTC's staff and volunteers are committed to serving the blood, tissue and related needs of the South Texas community in a cost-effective manner by utilizing state-of-the-art facilities and equipment and to enhance those services through education and research.

South Texas Blood & Tissue Center (STBTC) is a unique, non-profit, community resource that saves lives by working with volunteer donors to provide the highest quality blood and tissue components to patients. By using cutting-edge technology, our team of dedicated professionals has helped save hundreds of thousands of lives over more than 35 years.

Participating companies can:

- Host a blood drive by May 8, 2020 at your company's location.
- Send employees to donate at one of six neighborhood donor rooms by May 8.

Hosting a Blood Drive*:

- Each company will need to designate a Blood Drive Coordinator.
- **The Blood Drive Coordinator will need to call their Donor Recruitment Consultant to schedule a blood drive at 210.731.5590 or email service@southtexasblood.org to set up a blood drive.**
- The Blood Drive Coordinator will work with a Recruiter to discuss date, time, location and promotional materials to display at the place of business.
- **If your company is currently hosting blood drives, please be sure to tell your Recruiter your company is participating in the Corporate Cup Challenge.**
- All scheduled blood drives require a minimum of 15 donors to qualify.
- The Blood Drive Coordinator should sign up their donors on www.donatingforlife.org. Keep this sheet for any employees who wish to donate at a neighborhood donor room. See instructions for donating at a neighborhood donor room.
- Employees unable to donate at their blood drive can schedule an appointment to donate at a neighborhood donor room. See instructions for donating at a neighborhood donor room.

**San Antonio Sports will provide the South Texas Blood & Tissue Center a list of all participating companies. After May 8, STBTC will tally the total number of donors for each company. STBTC will provide the totals for each company to San Antonio Sports.*

Donating at a Neighborhood Donor Room:

- If a participating company cannot host a blood drive, the employer can have individuals schedule appointments to donate at one of six neighborhood donor rooms. Visit donatingforlife.org to learn how to schedule an appointment online or call 800.292.5534 ext. 3500.
- The company must designate a Blood Drive Coordinator to keep a list of names of employees who wish to donate blood. (Download an official sign in sheet [here](#).)
- If an individual has scheduled an appointment to donate, the individual should contact the Blood Drive coordinator prior to his donation date to be added to his/her sign in list.
- The Coordinator will be responsible for sending STBTC their list of donor names so that STBTC can verify the list. Email your sign in sheets to vanessa.gonzales@southtexasblood.org.

SOUTH TEXAS BLOOD & TISSUE CENTER (CONT.)

Neighborhood Donor Room Locations:

Donor Pavilion

6211 IH 10 W., First Park Ten Blvd.
San Antonio, TX 78201
210.731.5555

Southeast Donor Room

3158 SE Military Dr., Suite 104
San Antonio, TX 78223
210.736.8971

Shavano Donor Room

4079 N. Loop 1604 West, Suite 102
San Antonio, TX 78257
210.736.8920

Northeast Donor Room

8527 Village Dr., Suite 102
San Antonio, TX 78217
210.249.4450

Westover Hills Donor Room

10555 Culebra, Suite 107
San Antonio, TX 78251
210.736.8934

New Braunfels Donor Room

651 North Business IH-35
New Braunfels, TX 78130
830.625.5401

UNIVERSITY HEALTH SYSTEM BLOOD DONOR SERVICES

As the premier Level I trauma center for a 22-county area of South Texas, University Hospital is always in need of an adequate blood supply. The University Hospital Blood Bank was established to provide blood needed for our patients and relies on employees, friends, family members, visitors and the community for blood donations.

How companies can host a blood drive:

Your blood donations help us save our patients' lives. All blood donated to University Health System is used in-house by our patients. There are three ways your organization can donate:

1. By hosting a blood drive in your facility. Our staff can help you pick a date that will work for your employees and provide marketing material to help you get as many extra points as possible! To Host a drive, we would need a space (medium – large conference room sized) to set up our equipment.

2. By donating at one of our already scheduled drives. Our center conducts mobile drives all around San Antonio. So, we can help you locate which drives may be close to you and your team.

3. By donating at University Hospital. We can set a specific date or week aside for your employees to come in individually or as a group. Donors may walk in at any time during our hours of operations. Appointments can be made, but are not necessary. Our hours of operation are:

Monday: 8:30 a.m. – 7 p.m.	Tuesday: 8:30 a.m. – 5 p.m.	Wednesday: 8:30 a.m. – 7 p.m.
Thursday: 8:30 a.m. – 5 p.m.	Friday: 7:00 a.m. – 5 p.m.	Saturday & Sunday: CLOSED

You can contact the Donor Room at University Hospital at 210.358.2812 if you have any questions. To set up your blood drive, contact us at 210.358.2792 or blood.drives@uhs-sa.com and a representative will provide assistance.

BOYS & GIRLS CLUB OF SAN ANTONIO

Since 1939, Boys & Girls Clubs of San Antonio has been serving the youth of our community, especially those who need them the most. In the neighborhoods they serve: 28% of area adults did not complete high school (compared to 18% in San Antonio), 72% of the students in the school districts are considered at risk of dropping out of school and 37% of children in the area are living in poverty (compared to 30% in San Antonio).

The Clubs are neighborhood-based and family-oriented with programs focused on Academic Success, Healthy Lifestyles and Good Character & Citizenship. The impact is astounding. Last year, they served over 7,300 youth. Of them, 98% of members stayed in school and successfully progressed to the next grade level, 99% improved/maintained their grades in core subjects including science, math and language arts, and 100% of regularly attending seniors pursued higher education or military service. Club Members perform better in school too – they are absent less and have fewer behavioral referrals than those not enrolled in BGCSA programs.

Point System

For many of the families we serve, purchasing school supplies year-round is an expense they cannot afford. This means hundreds of kids are going to school empty-handed and unprepared to learn. Your donations give Club Members the tools they need to succeed. With your help, we can ensure every child has the same opportunity to find success and achieve a great future, regardless of economic barriers.

For the Charity Challenge, we are collecting the following new school supplies:

For the Charity Challenge, we are collecting the following new school supplies:

Pencils (1 dozen) = 1 Point	Copy Paper (1 ream) = 2 Points
Markers – Any Size (1 dozen) = 1 Point	Colored Paper (1 ream) = 2 Points
Facial Tissues = 1 Point	Construction Paper (50 sheet pack) = 1 Point
Construction Paper (50-sheet pack) = 1 Point	Monetary Donations: Every \$1 donated = 1 Point
Disinfecting Wipes (1 canister) = 2 Points	

To drop off your school supplies donations:

Print and complete the Corporate Cup Donation Form found on the Corporate Cup website.

Drop off your donation and the form at:

Boys & Girls Clubs of San Antonio
Administrative Offices
Attn: Development Staff
123 Ralph Avenue
San Antonio, TX 78204
(210) 436-0686
events@BeGreatSA.org
Business Hours: Monday – Friday: 9 a.m. – 5 p.m.

For more information visit www.begreatsa.org/news-events/donate-school-supplies-for-the-2020-corporate-cup/ or contact Reyna Vasquez at rvasquez@begreatsa.org.

Event Schedule

Use the event schedule below to assist with signing up your team.

This schedule is subject to change based on the number of registered teams.

	Kids Zone (Opens at 11 AM)	Opening Ceremony	5K Run	Soccer Kicks	Golf Chipping	AW Fitness Challenge	Pickleball	Dodgeball	Tug of War	Mystery Event	Football Throw	Cornhole	Frisbee Kan Jam	4x50 Swim Relay	2K Walk	Sack Race	Awards Ceremony
11:00 AM	Check-In																
5K Run																	
12:00 PM																	
12:30 PM																	
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6:00 PM																	

- 1 - Football Stadium
- 2 - Tennis Courts
- 3 - Soccer Field
- 4 - Classic's Elite
- 5 - NEISD Natatorium
- 6 - Baseball Field



*Gym location subject to change.

Competitive Event Details



3M + KCI 5K RUN

Race Format

Four age divisions (U30) (30-39) (40-49) (50+)

Points will be awarded to each individual male and female to place 1st, 2nd, or 3rd in their respective age divisions.

Runners will be timed using transponder chips.

45-minute time limit for the event, at which time access to the stadium will be closed.

PARTICIPANTS

8

To be allocated according to team preference.

Point System

- 5, 4, and 3 points will be awarded to the 1st, 2nd, and 3rd place male and female runners in each of the 4 age divisions. These points are awarded within each of the five company divisions.
- For Division 1, 2, 3 and 4 teams whose **top 5 runners** across all age divisions finish with the lowest cumulative place points will be awarded 100 points, 90 points will be awarded to the team with the 2nd lowest cumulative points and points will move down incrementally from there until the 8th place team has been awarded 30 points. 10 points will be awarded to the 9th place team and all teams that finish below 9th place. In the event that teams finish with the same amount of points, each team will be awarded full points for that particular place. For the Division 5 team whose top 3 runners finish with the lowest cumulative points, the above scoring system applies.



University Health System

UNIVERSITY HEALTH SYSTEM 3V3 BASKETBALL TOURNAMENT

Tournament Format

The tournament will be a single elimination bracket format. Games will be played in running time. Players may sub on and off only while their team is in-bounding, in case of injury, or during a timeout. Teams will be given a 3 minute warm-up on the competition court prior to each game. Teams will advance in their brackets until a winner emerges. **This year's**

tournament will take place one week prior to the event on Friday, October 2 at 6:00 p.m. at Mission Concepción Sports Complex (807 Mission Rd.).

PARTICIPANTS

3-5

Note: The roster can have a maximum of five employees who must remain the same throughout the tournament.

Point System

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.



PARTICIPANTS

6-8

Minimum 2 women.

FIRSTMARK CREDIT UNION DODGEBALL TOURNAMENT

Tournament Format

6 players (2 of whom must be female) will start each game (remaining players will be substitutes who may enter during time-outs, in the event of injury, or as a player re-entering the game as the result of a catch). Matches are best-of-3 and the tournament is single elimination. Each game will have a 5 minute time limit after which the team with the most players still on the court will win. If teams have the same number of players then the game will go into “sudden death” where the first team to get an opposing player out will win.

The object of the game is to eliminate all opposing players by getting them “OUT”. This may be done by hitting an opposing player with a LIVE thrown ball below the shoulders or by catching a LIVE ball thrown by your opponent before it touches the ground. A live ball is defined as a ball that has not touched anything between being thrown and striking a player.

Each team will be allowed one 30 second time-out per game during which players may sub on and off.

There will be 6 active balls on the court and it will be a violation for either team to control all 6 balls for more than 5 seconds.

Point System

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.



PARTICIPANTS

8

4 men and
4 women.

SECURITY SERVICE FEDERAL CREDIT UNION TUG OF WAR

Competition Format

The competition will be single elimination. The winning team must pull the losing team 5 yards so that the rope marker crosses the line. Rubber or plastic cleats and gloves are allowed. No metal spikes are allowed. Participants must stay on their feet and not sit, kneel, or lie down. The rope must not wrap around any participant. Winning teams will continue to advance in their division until the overall winner has been declared.

Point System

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.

VISIONWORKS 4X50M SWIM RELAY

PARTICIPANTS

4

Minimum 2 women.

Event Format

- Each member of the relay team will swim a distance of 50 meters in any swimming style. Starting blocks will not be allowed.
- Relay teams will be pre-assigned heats by division. All heats will be timed finals.
- 6 lanes will be used for competition; 2 lanes used for warm-up.

Point System

100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All team that finish below 8th place will be awarded 10 points.



TACO CABANA CORNHOLE

PARTICIPANTS

2

*1 man and
1 woman*

Competition Format

The tournament will be single elimination bracket format. Teams will take turns pitching corn bags at the cornhole board until a team reaches the score of 11 or whoever is in the lead after the 10 minute time limit per game. Points are kept according to cancellation scoring. In cancellation scoring, the points of one team cancel out the points of their opponent. Using this method, only one team can score in each frame. A corn bag in the hole scores 3 points, while one on the board scores 1 point.

Point System

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.



RACKSPACE SACK RACE

PARTICIPANTS

4

*2 men and
2 women*

Event Format

Each member of the relay team will hop a distance of 25 meters before handing a sack off to their team's next positioned participant until each team's last positioned participant (anchor) has crossed the 100 meter finish line. First and second place teams in each heat advance to a final heat (depending on total number of teams in each division).

Point System

100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All team that finish below 8th place will be awarded 10 points.



PARTICIPANTS

2

1 man and

1 woman

GONZABA MEDICAL GROUP MIXED DOUBLES PICKLEBALL

Event Format

The tournament will be a single elimination bracket format. Once time is reached, the team with the higher score will advance. Games are played to 11 points and teams must win by 2 points. The tournament will follow the basic rules of pickleball from the International Pickleball Teaching Professional Association. Teams must bring their own paddles, balls will be provided.

Point System

100 points will be awarded to the 1st place team; 90 points will be awarded to the 2nd place team. The 3rd/4th place teams who lose the semi-final games will each be awarded 75 points and teams who finish 5th – 8th and lose in the quarterfinals will receive 45 points each. All other teams will receive 10 points.

Skill Event Details



PARTICIPANTS

4

Minimum 1 woman.

NUSTAR ENERGY GOLF CHIPPING

Competition Format

One at a time, team members will chip 5 balls from a distance of 40 yards into 3 progressively larger circles surrounding a flag. The smallest circle will be worth 10 points, the middle circle 5 points, and the outer-most circle 2 points. A hole-in-one will be worth 25 points. The “on-deck” team will get an opportunity to practice chipping balls on a different part of the field. Competitors will provide their own golf clubs.

Point System

Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All team that finish below 8th place will also be awarded 10 points.



PARTICIPANTS

4

Minimum 1 woman.

CPS ENERGY SOCCER KICKS

Competition Format

One at a time, each member of the team will take 3 shots on a mini goal at each of 3 distances. Goals will be at distances of 10, 15 and 20 yards and will be worth 2, 4, and 6 points respectively.

Point System

Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All team that finish below 8th place will also be awarded 10 points.



PARTICIPANTS

4

Minimum 1 woman.

CITI FOOTBALL THROW

Competition Format

One at a time, each team member will throw 3 footballs at a target placed at distances of 5, 10, and 15 yards, and will be worth 5, 10 and 20 points respectively.

Point System

Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All team that finish below 8th place will also be awarded 10 points.



CAPITAL
GROUP®

PARTICIPANTS

2

*1 man and
1 woman.*

THE CAPITAL GROUP FRISBEE KAN JAM

Competition Format

One team member will throw 25 Frisbees, one at a time, to the Kan Jam 20 yards away. Frisbees made through the small slot on the front of the Kan are worth 5 points. Frisbees made through the top opening of the Kan are worth 3 points, and Frisbees made by your other teammate slapping the thrown disc through the top of the Kan are worth 2 points.

Point System

Team will be awarded the number of points earned during the competition and ranked to determine place. 100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally by 10 until the 8th place team has been awarded 30 points. All team that finish below 8th place will also be awarded 10 points.



PARTICIPANTS

4

*2 men and
2 women*

ALPHA WARRIOR FITNESS CHALLENGE

Event Format

Teams of four will traverse through a fitness obstacle rig for time. Each exercise must be completed as a team unit before the team can move on to the next exercise together.

1. ROWER X 15 CALS/ECHO BIKE X 10 CALS
2. TIRE FLIPS X 15/TANK ROW X 54'
3. TRAVERSE RIG X 1 PASS EACH
4. SLAM BALL SQUAT THRUSTERS X 10 REPS
5. TRAVERSE RIG X 1 PASS EACH
6. TIRE FLIPS X 15/TANK PUSH X 54' DOWN AND BACK

Teams will be ranked based on time among the teams in their division.

Point System

100 points will be awarded to the 1st place team, 90 points will be awarded to the 2nd place team and points will move down incrementally until the 8th place team has been awarded 30 points. All team that finish below 8th place will also be awarded 10 points. and teams who finish 5th – 8th and lose in the quarterfinals will receive 40 points each. All other teams will receive 10 points.

Wellness Event Details

2K WELLNESS WALK

Competition Format

All participants will walk the course.

25 finishers from each team will be awarded 4 points.

Point System

Teams will be awarded 4 points for each employee that finishes the walk for a total 100 point maximum per team.

Participants must have a number from which the tab will be collected at the finish line. Family, friends and other employees are encouraged to join their participating walker, but only 25 employees will be scored.

PARTICIPANTS

Up to
25

*More may enter, but
only 25 employees
will be scored.*

THESE FINAL FORMS ARE FOR YOUR INTERNAL USE ONLY AND ARE INTENDED TO BE USED AS A GUIDE AS YOU RECRUIT AND ASSIGN PARTICIPANTS TO EACH EVENT. SPORT REGISTRATION WILL BE AVAILABLE ONLINE AT SANANTONIOSPORTS.ORG/CORPORATECUP AND IS REQUIRED FOR YOUR TEAM'S PARTICIPATION.



Team Participation Form

Team Name _____ **Division** _____

Team Captain _____

SKILL EVENTS

Nustar Energy Golf Chipping

Each company can register 1 team consisting of 4 members with a minimum of 1 female.

(F) _____ 2) _____
3) _____ 4) _____

Taco Cabana Corn Toss

Each company can register 1 team consisting of 4 members with a minimum of 2 females.

(F) _____ (F) _____
3) _____ 4) _____

CPS Energy Soccer Kicks

Each company can register 1 team consisting of 4 members with a minimum of 1 female.

(F) _____ 2) _____
3) _____ 4) _____

Citi Football Throw

Each company can register 1 team consisting of 4 members with a minimum of 1 female.

(F) _____ 2) _____
3) _____ 4) _____

The Capital Group Frisbee Kan Jam

Each company can register 1 team consisting of 1 male and 1 female.

(F) _____ (M) _____

COMPETITIVE EVENTS

University Health System 3v3 Basketball Tournament

Each company can register 1 team consisting of 3-5 players.

- 1) _____ 2) _____
3) _____ 4) _____
5) _____

FirstMark Credit Union Dodgeball Tournament

Each company can register 1 team consisting of 6-8 players, 2 of which must be female.

- (F) _____ (F) _____
3) _____ 4) _____
5) _____ 6) _____
7) _____ 8) _____

Security Service Federal Credit Union Tug of War

Each company can register 1 team consisting of 8 members, 4 male and 4 female.

- (F) _____ (F) _____
(F) _____ (F) _____
(M) _____ (M) _____
(M) _____ (M) _____

Rackspace Sack Race

Each company can register 1 team consisting of 2 males and 2 females.

- (F) _____ (F) _____
(M) _____ (M) _____

Alpha Warrior Fitness Challenge

Each company can register 1 team consisting of 2 males and 2 females.

- (F) _____ (F) _____
(M) _____ (M) _____

VisionWorks 4x50m Swim Relay

Each company can register 1 team consisting of 2 males and 2 females.

- (F) _____ (F) _____
(M) _____ (M) _____

Gonzaba Medical Group Mixed Doubles Pickleball

Each company can register 1 team consisting of 1 male and 1 female.

(F) _____

(M) _____

3M + KCI 5k Run

Limited to 8 runners per team, to be allocated by team preference in four age groups: (U30), (30-39), (40-49), and (50+). (A separate spreadsheet will be required for the 5k Run registration to set up chip timing.)

Bib #	First Name	Last Name	Div. 1, 2, 3, 4 or 5	Gender	Age on June 2

WELLNESS EVENT

2k Wellness Walk

No limit on entries, but only up to 25 will score.

Total Anticipated Participants _____

OCTOBER 10, 2020

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